# Middle School Breakfast Menu

#### Choose 1 small item:

- Small Muffin/Mini Loaf/ Bun
- Scoobie Snax
- Bug Bite Grahams
- Simply Chex Mix
- Rice Krispie Chewy Granola Bar
- Pop Tart
- 4 oz Yogurt
- Cheese Stick

### AND, You may choose:

• 1 Cereal Bowl (if you take 2 cereals, you do not get any other above items)

## AND, You may choose:

• 1/2 Pint of Assorted Milk

#### **BUT**, You must take:

- 1 4 oz Juice Cup
- AND/OR 1 piece of Fresh Fruit or Fruit Cup

\*\*YOU MUST TAKE A MINIMUM OF 3 ITEMS AND ONE OF THE 3 MUST BE A JUICE OR FRUIT\*\*